# MEET THE PRODUCT

## BRAVENLY DRIFT

DRIFT off to sleep with this advanced relaxation beverage. Formulated by a Naturopathic Doctor packed full of ingredients designed to help support sleep.

DRIFT promotes not only relaxation in the evening but helps you get that restorative & renewing sleep you deserve. With a guilt-free yummy hot cocoa treat in your cup, it curbs that nighttime indulgence that keeps you feeling full. You'll wake up feeling refreshed and ready for the day.



# **BRAVENLY BENEFITS**









♦ WAKE UP FEELING RENEWED\*

## **Supplement Facts**

Serving Size 2 Scoops (18 grams) Servings Per Container: 20

A	mount Per Serving	%DV
Calories	50	
Calories from Fat	10	
Total Fat	2g	3%
Saturated Fat	1g	5%
Total Carbohydrate	9g	3%
Dietary Fiber	1g	4%
Total Sugar	7g	14%
Includes 7 grams added s	sugars	
Protein	1g	<1%
Calcium (Aquamin™)	200 mg	15%
Magnesium (Carbonate/Aqu	amin <sup>™</sup> ) 100 mg	24%
Braventy Proprietary Blend	1.783 mg	**

Coconut (Powder), L-Tryptophan, Ashwagandha (Root), GABA (Gamma Aminobutyric Acid), Chamomile (Extract), Psyllium Husk (Powder), Melatonin

\*\* Daily Value not established.

Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Raw Cane Sugar, Dutch Cocoa Powder, Erythritol, Stevia

Aquamin™ is a registered trademark of Marigot Limited



### L-TRYPTOPHAN

THE BRAVENLY DIFFERENCE
naturopathic doctor formulated

Decreases the amount of time it takes to fall asleep & improves mood. The body uses Tryptophan to make melatonin & serotonin.\*



#### ASHWAGANDHA

Adaptogen that helps the body cope with stress, improves sleep quality, and causes sleepiness.\*



#### **GABA**

Enables the body & mind to relax and to sleep soundly through the night.\*



#### **MAGNESIUM**

Helps your body relax, reduces stress, and helps you sleep longer.\*



### **MELATONIN**

Natural sleep aid that helps regulate the sleep-wake cycle.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.