






# MEET THE PRODUCT

## BRAVENLY ADAPT

Unlock the power of nature with Adapt - a premium blend of 8 functional mushrooms designed by a Naturopathic Doctor to help you thrive in every aspect of your life. Featuring adaptogenic superstars like Lion's Mane, Reishi, Chaga, and Turkey Tail, Adapt is your daily ally for cognition, immunity, and adrenal support. Whether you're pushing through busy workdays, powering through workouts, or seeking calm in the chaos, Adapt helps your mind and body rise to the challenge.



## BRAVENLY BENEFITS

-  SUPPORTS COGNITIVE HEALTH\*
-  SUPPORTS GUT HEALTH\*
-  SUPPORTS ADRENALS\*
-  SUPPORTS IMMUNITY\*
-  SUPPORTS MOOD & FOCUS\*

### Supplement Facts

Serving Size 2 Capsules  
Servings Per Container: 30

	Amount Per Serving	%DV
<b>Bravenly Proprietary Blend</b>	<b>1400 mg</b>	<b>**</b>
Reishi Mushroom Extract (Fruiting Body), Shiitake Mushroom Extract (Fruiting Body), Organic Chaga Mushroom Extract (Fruiting Body), Organic Lion's Mane Mushroom Extract (Fruiting Body), Organic Blue Oyster Mushroom Powder (Fruiting Body & Mycelium), Organic King Trumpet Mushroom Powder (Fruiting Body & Mycelium), Turkey Tail Mushroom Extract (Fruiting Body), Maitake Mushroom Extract (Fruiting Body), Black Garlic (Extract), Black Pepper (Extract)		

Other Ingredients: Vegetable Capsule (Cellulose), Silica, Magnesium Stearate.

\*\*Daily Value not established.

## THE BRAVENLY DIFFERENCE

### INGREDIENT SPOTLIGHT



#### LION'S MANE MUSHROOM

Supports cognition, memory, focus, and mood.\*



#### REISHI MUSHROOM

Supports heart health, the immune system, managing fatigue, brain health, and healthy blood sugar levels.\*



#### CHAGA MUSHROOM

Supports the immune system, blood sugar levels, and mood.\*



#### TURKEY TAIL MUSHROOM

Supports gut health, cognitive function, the immune system, exercise performance, and hormonal balance.\*



#### MAITAKE MUSHROOM

Supports mood, the immune system, skin health, blood sugar levels.\*



#### SHIITAKE MUSHROOM

Supports gut health, mood, the immune system, healthy cholesterol levels.\*



#### KING TRUMPET MUSHROOM

Supports healthy digestion, heart health, and weight management



#### BLACK GARLIC EXTRACT

Supports immune system, memory, healthy blood sugar levels, and heart health.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.